

Question 1 of 10 | Total Score: 00/100 | 22 August 2021 | Total Marks: 100

Which of the following is a technique used with drug addicts?

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Select the correct answer

- Stepping out of character
- Modeling
- Free association
- Aversive conditioning



The overt responses that result in reinforcement are the ones that are learned. Which of the following is NOT an example of these?

Select the correct option

Motivation

Fear

Terror

Phobia

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Operant condition is a learning process which is discovered by _____.

Select the correct option

- B.F Skinner
- Ivan Pavlov
- J.B Watson
- Edward Thorndike

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PSY405:Quiz 04

Question # 1 of 10 (Start time: 08.22.05 PM, 23 August 2021)

Operant conditioning is a learning process which is discovered by _____

Select the correct option

- Ivan Pavlov
- Edward Thorndike
- B F Skinner
- J B Watson



According to Bandura in which of the following, persons and situations are regarded as independent entities that combine to generate behavior?

Select the correct option

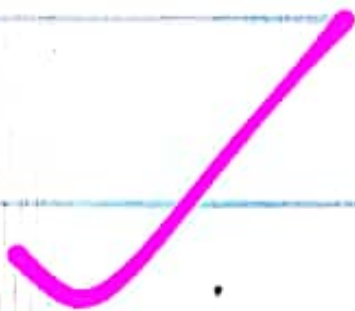
- Reciprocal determinism
- Unidirectional interaction
- Social Interaction
- Bidirectional interaction



Bandura rejects the _____ understanding of how reinforcement functions.

Select the correct option

- Maslow's
- Freudian
- Rogers's
- Skinnerian



Question # 4 of 10 (Start time: 08:24:33 PM, 23 August 2021)

Who focused on the specific body type with a specific temperament?

Select the correct option

- | | |
|-----------------------|-----------------|
| <input type="radio"/> | William Sheldon |
| <input type="radio"/> | Gordon Allport |
| <input type="radio"/> | Albert Ellis |
| <input type="radio"/> | Henry Murray |

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Question # 5 of 10 (Start time: 08:25:30 PM, 23 August 2021)

The concept of Collective Unconscious was presented by:

Select the correct option

- | | |
|-----------------------|---------------|
| <input type="radio"/> | Alfred Adler |
| <input type="radio"/> | Sigmund Freud |
| <input type="radio"/> | Karen Horney |
| <input type="radio"/> | Carl Jung |



Question # 8 of 10 (Start time 08:29 00 PM, 23 August 2021)

Saima is a teacher of special education. She gives students paper tickets for good behavior. The tickets can be exchanged at the end of each day for rewards. This is an example of

Select the correct option

- | | |
|----------------------------------|-----------------------|
| <input type="radio"/> | Aversive Conditioning |
| <input type="radio"/> | Exposure Therapy |
| <input checked="" type="radio"/> | Token Economy |
| <input type="radio"/> | Behavior Shaping |

Question # 2 of 10 (Start time: 08:36:19 PM, 23 August 2021)

Which of the following is a technique mostly used in treatment of phobias and anxiety; it is based on classical conditioning?

Select the correct option

- | | |
|----------------------------------|----------------------------|
| <input checked="" type="radio"/> | Systematic desensitization |
| <input type="radio"/> | Empty chair |
| <input type="radio"/> | Rational analysis |
| <input type="radio"/> | Aversive therapy |

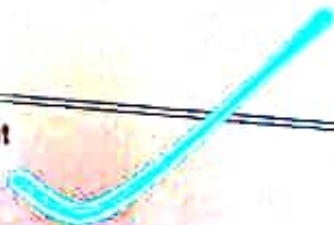


Question # 9 of 10 (Start time: 08:30:04 PM, 23 August 2021)

A reinforcer that adds something directly rewarding is:

Select the correct option

- Negative reinforcer
- Triary reinforcer
- Secondary reinforcer
- Positive reinforcement

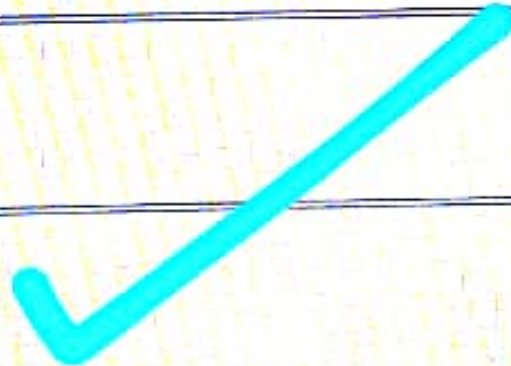


Question # 6 of 10 (Start time: 08:40:46 PM, 23 August 2021)

In Biology, which of the following is the one that accounts for organizing the known facts?

Select the correct option

- | | |
|-----------------------|---------------------------|
| <input type="radio"/> | Theory of gravity |
| <input type="radio"/> | Theory of social learning |
| <input type="radio"/> | Theory of evolution |
| <input type="radio"/> | Theory of personality |





The physiology of brain or peripheral nervous system leads to what; in personalities of individuals?

Select the correct option

- Similitude
- Differences
- Similarities
- Resemblance

Go to Question 5 Marked as Correct



Question # 6 of 10 (Start time: 08:58:36 PM, 23 August 2021)

Total Marks: 1

In which of the following we observe the behavior of others and use the information as a guide for our own behavior?

Select the correct option

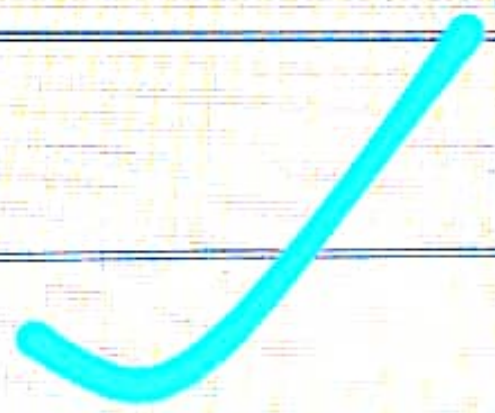
| | |
|-----------------------|---------------|
| <input type="radio"/> | Modeling |
| <input type="radio"/> | Punishment |
| <input type="radio"/> | Reinforcement |
| <input type="radio"/> | Extinction |

[Click on the answer to see the correct answer.](#)

Bandura explains behavior in terms of cognitive, behavioral which of the following determinants?

Select the correct option

- Social
- Cultural
- Environmental
- Physiological





Which of the following approach uses reinforcement to change behavior?

Select the correct option:

- Operant conditioning
- Systematic desensitization
- Psychoanalysis
- Aversive conditioning

Click to See Answer & Move to Next Question





Humans are first and foremost collections of which of the followings which provide the building blocks for behavior, thought and emotions?

Select the correct option

- Bio-psycho-social systems
- Psychological systems
- Bio-psychological systems
- Biological systems

Copy question text | Copy question content



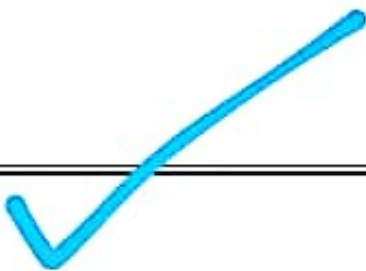
PSY405:Quiz 04

Question # 1 of 10 (Start time: 05:09:18 PM, 24 August 2021)

Who gave the stimulus-response theory?

Select the correct option

| | |
|-----------------------|--------------------|
| <input type="radio"/> | Albert Bandura |
| <input type="radio"/> | Dollard and Miller |
| <input type="radio"/> | Ivan Pavlov |
| <input type="radio"/> | B. F Skinner |



Question # 6 of 10 (Start time: 05:14:10 PM, 24 August 2021)

Which of the following is a technique mostly used in treatment of phobias and anxiety; it is based on classical conditioning?

Select the correct option

- Rational analysis
- Empty chair
- Systematic desensitization
- Aversive theory

Click to Answer



Question # 7 of 10 (Start time: 05:15:28 PM, 24 August 2021)

Unreasonable views or convictions that produce emotional and behavioral problems are known as what?

Select the correct option

- | | |
|-----------------------|-------------------|
| <input type="radio"/> | A-B-C in brief |
| <input type="radio"/> | Rationality |
| <input type="radio"/> | Irrational belief |
| <input type="radio"/> | Masturbation |





By witnessing a person receiving punishment or reward and consequently thinking about the same response to your own behavior is known as:

Select the correct option:

- | | |
|-----------------------|-------------------------|
| <input type="radio"/> | Self Reinforcement |
| <input type="radio"/> | Positive Reinforcement |
| <input type="radio"/> | Direct Reinforcement |
| <input type="radio"/> | Vicarious Reinforcement |

Click on Your Answer & Mark it as Correct



Question # 8 of 10 (Start time: 05:17:15 PM, 24 August 2021)

Albert Ellis proposed ABC model of rational emotive behavior therapy where B is representative of what?

Select the correct option

- | | |
|----------------------------------|-------------------|
| <input type="radio"/> | Brokering system |
| <input checked="" type="radio"/> | Belief system |
| <input type="radio"/> | Behavioral system |
| <input type="radio"/> | Bargaining system |



Question # 10 of 10 (Start time: 05:19:56 PM, 24 August 2021)

Which of the following focuses on the idea that all behavior is learned?

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Select the correct option

| | |
|-----------------------|----------------------------------|
| <input type="radio"/> | Psychoanalysis school of thought |
| <input type="radio"/> | Humanistic school of thought |
| <input type="radio"/> | Behavioral school of thought |
| <input type="radio"/> | Gestalt school of thought |

Question # 9 of 10 (Start time: 05:18:50 PM, 24 August 2021)

The tendency to approach a goal becomes stronger when the individual is nearer to the goal. This is referred to as what?

Select the correct option

- | | |
|-----------------------|----------------------------|
| <input type="radio"/> | The gradient of approach |
| <input type="radio"/> | The gradient of need |
| <input type="radio"/> | The gradient of motivation |
| <input type="radio"/> | The gradient of success |

Click Save Answer





Which approach would best describe the difference between the personality of a Saudi and a Jewish student?

Select the correct answer

- Biological Approach
- Cognitive Approach
- Social and Cultural Approach
- Intrapsychic Approach



Submit Answer / Review Answer / Flag





According to Thorndike, when behaviors are rewarded they get reinforced. This is known as the law of:

Select the correct option

- | | |
|-----------------------|----------------|
| <input type="radio"/> | Cause |
| <input type="radio"/> | Attraction |
| <input type="radio"/> | Thermodynamics |
| <input type="radio"/> | Effect |

2021/08/24 04:44:29 PM





MC210201132, ALISHBA

Time Left 00:00

PSY405 Quiz 04

Quiz Start Time: 04:38 PM, 24 August 2021

Question # 4 of 10 | Start time: 04:43:22 PM, 24 August 2021 |

Total Marks: 1

In which of the following we observe the behavior of others and use the information as a guide for our own behavior?

Select the correct option

- | | |
|-----------------------|---------------|
| <input type="radio"/> | Punishment |
| <input type="radio"/> | Reinforcement |
| <input type="radio"/> | Extinction |
| <input type="radio"/> | Modeling |

[View Question](#) [View Question](#) [View Question](#)



Who suggested that Psychology should be studied objectively?

Select the correct option

- Edward Thorndike
- Ivan Pavlov
- John Watson
- B. F Skinner

Previous Questions & More in this Quiz





The tendency to approach a goal becomes stronger when the individual is nearer to the goal. This is referred to as the gradient of of:

Select the correct option

- | | |
|-----------------------|------------|
| <input type="radio"/> | Success |
| <input type="radio"/> | Need |
| <input type="radio"/> | Motivation |
| <input type="radio"/> | Approach |
- 

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Which of the following therapy focuses on changing the individual's irrational cognitions?

Select the correct option

- Rational Emotive Behavioral Therapy
- Client Centered Therapy
- Aversive Training
- Systematic Desensitization

Go to the next question > | Mark this question correct





Which of the following system, humans have first and foremost collections of?

Select the correct option

- Social and cultural
- Biological
- Intra-psyche
- Cognitive/Experiential

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According to Bandura in which of the following, persons and situations are regarded as independent entities that combine to generate behavior?

Select the correct option

- | | |
|-----------------------|----------------------------|
| <input type="radio"/> | Reciprocal determinism |
| <input type="radio"/> | Social Interaction |
| <input type="radio"/> | Unidirectional interaction |
| <input type="radio"/> | Bidirectional interaction |



Copy Question | Copy Question





MC210203617: KIRAN IRSHAD

Time Left: 89
seconds

PSY405-Quiz 04

Quiz Start Time: 03:41 PM, 24 August 2021

Question 8 of 10 (Start time: 03:50:12 PM, 24 August 2021)

Total Marks: 1

Albert Ellis proposed ABC model of rational emotive behavior therapy where A is representative of what?

Select the correct option

- Activating event
- Alleviating event
- Assuaging experience
- Activating experience

Click here to view the correct answer





Which of the following theory shows the closest link to the natural sciences?

Select the correct answer

- Psychodynamic Theory
- Social Learning Theory
- Individual Psychology Theory
- Stimulus-Response Theory



Click on the correct answer to see the correct answer





Which of the following domain deals centrally with the ways in which individuals differ from one another?

Select the correct answer

- Cognitive
- Adjustment
- Biological
- Dispositional

Click on the Answer & Question Mark Buttons





Social learning theory conceptualizes behavior in terms of:

Select the correct option

- Self-observation
- Retention processes
- Motivational processes
- Reciprocal determinism



Click on the Answer & Question Mark Buttons





Albert Ellis, who developed Rational Emotive Therapy, believed in:

Select the correct answer

- Empathetic display
- Reasonable discussion
- Genetic predisposition
- Emotional expression

Click on the correct answer to see the correct answer





Dispositional domain tries to explore all of the followings EXCEPT:

Select the correct option

- How individuals differ in their in physiological characteristics
- How individuals differ in their self concepts
- How individuals differ in their emotions
- How individuals are similar in their recreational activities



Click on the correct answer to receive your score



MC210202115: HAZIA KANWAL

Time Left 00:00

PSY483 Quiz 04

Quiz Start Time: 02:17 PM, 24 August 2021

Question 4 of 10 | Start time: 02:44:52 PM, 24 August 2021 |

Total Marks: 1

Which of the following is NOT an acquired drive?

Select the correct option

- Survival
- Guilt
- Aggression
- Anxiety

Submit your answer & Mark this question



Which of the following domains deals centrally with the ways in which individuals differ from one another?

Select the correct option

- | | |
|-----------------------|---------------|
| <input type="radio"/> | Intra-psychic |
| <input type="radio"/> | Biological |
| <input type="radio"/> | Cognitive |
| <input type="radio"/> | Dispositional |

Submit your answer & Mark this question



A good theory of personality is one that fulfills all purposes in science EXCEPT:

Select the correct option

- | | |
|----------------------------------|--|
| <input type="radio"/> | Organizes the known available findings |
| <input type="radio"/> | Makes predictions |
| <input type="radio"/> | Provides a guideline to researchers |
| <input checked="" type="radio"/> | Creates ambiguities |

Submit your answer & Move to the next question





Albert Ellis, who developed Rational Emotive Therapy, believed in:

Select the correct answer

- Reasonable discussion
- Empathetic display
- Genetic predisposition
- Emotional expression



Submit Answer / Flag Question / Report Question





Who assumed that unconscious conflict, learned during infancy and childhood, serves as the basis for most severe emotional problems in later life?

Select the correct answer

- B. F. Skinner
- Dollard and Miller
- Albert Bandura
- Henry and Murray

Submit Answer






The overt responses that result in reinforcement are the ones that are:

Select the correct option

| | |
|-----------------------|--------------|
| <input type="radio"/> | Unlearned |
| <input type="radio"/> | Simultaneous |
| <input type="radio"/> | Abrupt |
| <input type="radio"/> | Learned |





The tendency to approach a goal becomes stronger when the individual is nearer to the goal. This is referred to as the gradient of of:

Select the correct option

| | |
|-----------------------|------------|
| <input type="radio"/> | Need |
| <input type="radio"/> | Success |
| <input type="radio"/> | Approach |
| <input type="radio"/> | Motivation |



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Unreasonable views or convictions that produce emotional and behavioral problems are known as what?

Select the correct option:

- Rationality
- A-B-C in brief
- Irrational belief
- Masturbation

[Click to Save Answer & Move to Next Question](#)





Asma was suffering from a severe headache. She took aspirin to relieve the pain. The headache in this example is serving as _____.

Select the correct option

- | | |
|-----------------------|------------------------|
| <input type="radio"/> | Positive punishment |
| <input type="radio"/> | Positive reinforcement |
| <input type="radio"/> | Negative punishment |
| <input type="radio"/> | Negative reinforcement |





Operant conditioning is a learning process which is discovered by _____.

Select the correct option:

- Ivan Pavlov
- B.F Skinner
- J.B Watson
- Edward Thorndike

[Click to Save Answer & Move to Next Question](#)





Albert Ellis proposed ABC model of rational emotive behavior therapy where A is representative of what?

Select the correct option:

- Activating event
- Alleviating event
- Assuaging experience
- Activating experience



[Click to Save Answer & Move to Next Question](#)





Which of the following is a technique mostly used in treatment of phobias and anxiety; it is based on classical

Select the correct option:

- Aversive theory
- Rational analysis
- Systematic desensitization
- Empty chair

[Click to Save Answer & Move to Next Question](#)





The physiology of brain or peripheral nervous system leads to what; in personalities of individuals?

Select the correct option:

| | |
|-----------------------|--------------|
| <input type="radio"/> | Similitude |
| <input type="radio"/> | Differences |
| <input type="radio"/> | Similarities |
| <input type="radio"/> | Resemblance |

Go to Question 5 Marked as Correct





Which of the following is a technique that means start reinforcing a behavior that is first towards final behavior and then

Select the correct option:

- Aversive
- Modeling
- Assertion
- Shaping

[Click to Save Answer & Move to Next Question](#)



Dispositional domain tries to explore all of the followings EXCEPT:

Select the correct option

- How individuals differ in their emotions
- How individuals are similar in their recreational activities
- How individuals differ in their self concepts
- How individuals differ in their In physiological characteristics


Navigation icons: Back, Home, Forward, Refresh





Which of the following approach focuses on cognition and subjective experiences of one's self and others?

Select the correct option:

- | | |
|----------------------------------|--|
| <input type="radio"/> | The Intra-psyhic |
| <input checked="" type="radio"/> | The Experiential  |
| <input type="radio"/> | The Adjustment |
| <input type="radio"/> | The Biological |

[Click to Save Answer & Move to Next Question](#)



Which of the following is a technique that means start reinforcing a behavior that is first towards final behavior and then gradually reinforce successively closer approximations to the final behavior?

Select the correct option

| | |
|-----------------------|-----------|
| <input type="radio"/> | Shaping |
| <input type="radio"/> | Assertion |
| <input type="radio"/> | Aversive |
| <input type="radio"/> | Modeling |

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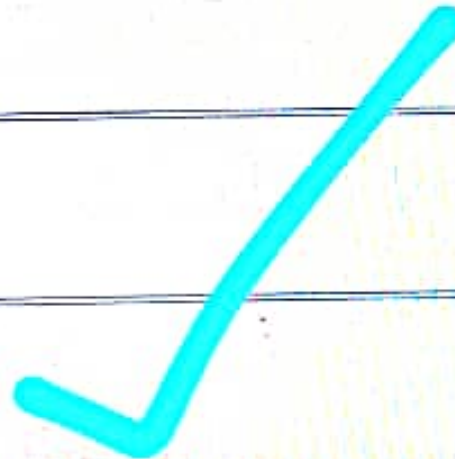


Question # 3 of 10 (Start time: 08:37:25 PM, 23 August 2021)

The tendency to avoid a negative stimulus becomes stronger, the nearer the individual is to the stimulus. This is referred to as what?

Select the correct option

- | | |
|-----------------------|----------------------------|
| <input type="radio"/> | The gradient of aggression |
| <input type="radio"/> | The gradient of punishment |
| <input type="radio"/> | The gradient of resistance |
| <input type="radio"/> | The gradient of avoidance |



Bandura explains behavior in terms of cognitive, behavioral which of the following determinants?

Select the correct option

- | | |
|----------------------------------|---------------|
| <input type="radio"/> | Social |
| <input type="radio"/> | Cultural |
| <input checked="" type="radio"/> | Environmental |
| <input type="radio"/> | Physiological |

Which of the following is NOT an acquired drive?

Select the correct option

- | | |
|-----------------------|------------|
| <input type="radio"/> | Survival |
| <input type="radio"/> | Guilt |
| <input type="radio"/> | Anxiety |
| <input type="radio"/> | Aggression |

Submit my answer (11 times left)



Question # 4 of 13 (Start time: 08:58:38 PM, 23 August 2021)

Total Marks: 1

Accurate hypotheses produce successful performance, and inaccurate hypotheses lead to:

Select the correct option

| | |
|-----------------------|----------------------|
| <input type="radio"/> | Negative attitude |
| <input type="radio"/> | Successful behavior |
| <input type="radio"/> | Positive response |
| <input type="radio"/> | Ineffective behavior |

[Click here to view all questions and answers](#)

Question 7 of 10 (Start time: 08:54:10 PM, 23 August 2021)

Total Marks: 1

Who assumed that unconscious conflict, learned during infancy and childhood, serves as the basis for most severe emotional problems in later life?

Select the correct option

| | |
|-----------------------|--------------------|
| <input type="radio"/> | Dollard and Miller |
| <input type="radio"/> | B. F. Skinner |
| <input type="radio"/> | Albert Bandura |
| <input type="radio"/> | Henry and Murray |

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Question # 1 of 10 (Start time: 08:35:11 PM, 23 August 2021)

Which of the following is NOT an acquired drive?

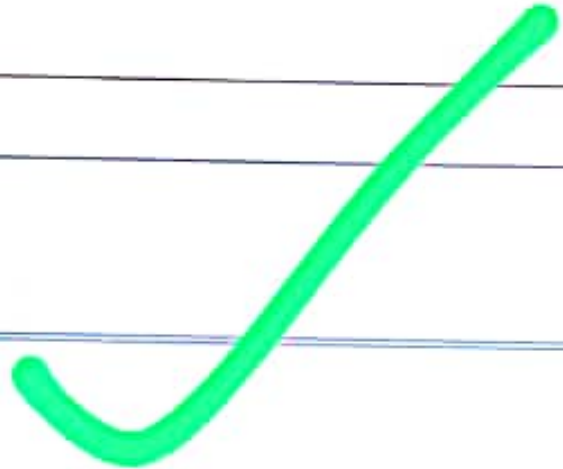
Select the correct option

Anxiety

Survival

Guilt

Aggression

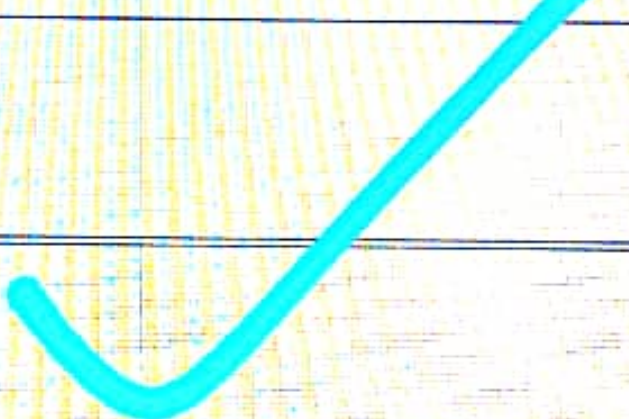


According to Dollard and Miller, a response and a stimulus in learning are:

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Select the correct option

| | |
|-----------------------|--------------|
| <input type="radio"/> | Disconnected |
| <input type="radio"/> | Connected |
| <input type="radio"/> | Observed |
| <input type="radio"/> | Learned |



Question # 7 of 10 (Start time: 08:27:44 PM, 23 August 2021)

Which of the following is referred to how we cope to events in our everyday live?

Select the correct option

- Companionship
- Friendship
- Adjustment
- Solitude

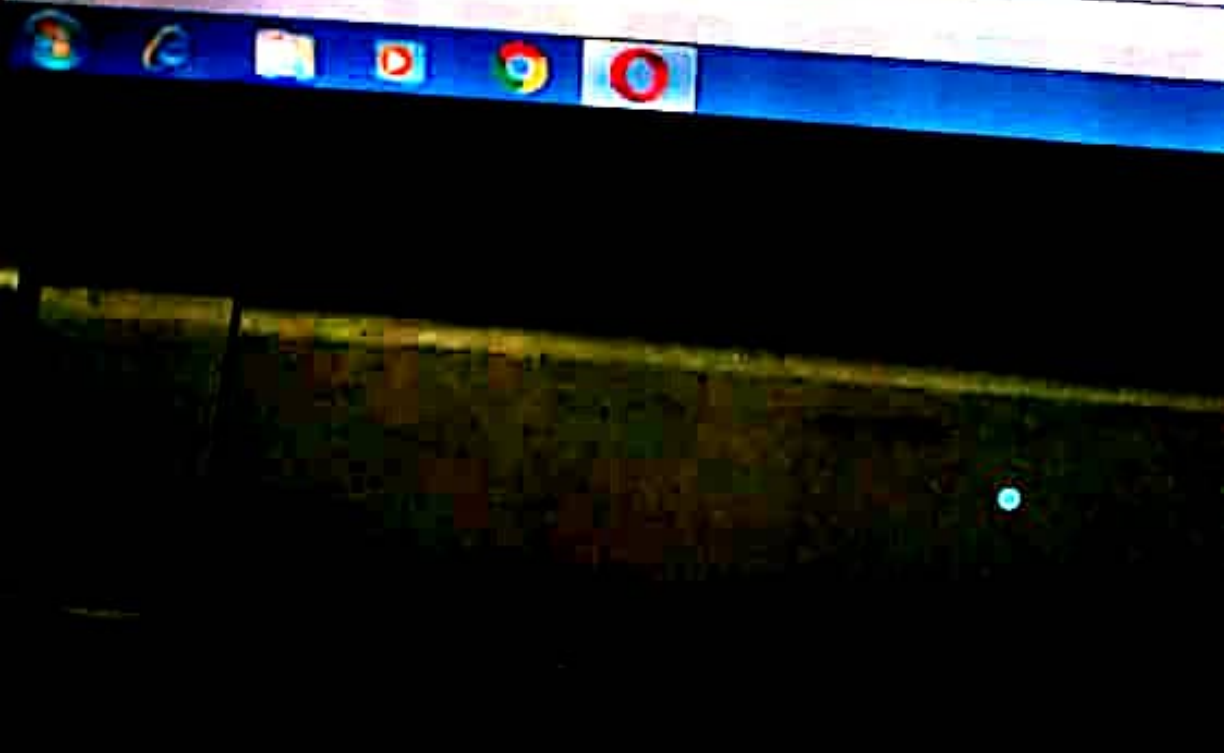


Question # 6 of 10 (Start time: 08:26:33 PM, 23 August 2021)

Which of the following psychologist used bobo dolls in his experiment with children?

Select the correct option

- | | |
|-----------------------|----------------|
| <input type="radio"/> | B F Skinner |
| <input type="radio"/> | Albert Bandura |
| <input type="radio"/> | John Watson |
| <input type="radio"/> | Ivan Pavlov |



According to Dollard and Miller, which of the following is established when the stimulus and response occur together the response is rewarded?

Select the correct option

- Trait
- Behavior
- Attitude
- Habit

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Saima is a teacher of special education. She gives students paper tickets for good behavior. The tickets can be exchanged at the end of each day for rewards. This is an example of _____.

Select the correct option

| | |
|-----------------------|-----------------------|
| <input type="radio"/> | Exposure Therapy |
| <input type="radio"/> | Token Economy |
| <input type="radio"/> | Behavior Shaping |
| <input type="radio"/> | Aversive Conditioning |

Question 9 of 10 (Start time: 06:54:54 PM, 24 August 2021)

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The concept of Collective Unconscious was presented by:

Select the correct option

- | | |
|-----------------------|---------------|
| <input type="radio"/> | Sigmund Freud |
| <input type="radio"/> | Alfred Adler |
| <input type="radio"/> | Karen Horney |
| <input type="radio"/> | Carl Jung |

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MC210203474: IRSA PERVEZ

Time Left 85 sec(s)

PSY405:Quiz 04

Quiz Start Time: 05:50 PM, 24 August 2021

Question # 9 of 10 (Start time: 06:04:54 PM, 24 August 2021)

Total Marks: 1

Saima is a teacher of special education. She gives students paper tickets for good behavior. The tickets can be exchanged at the end of each day for rewards. This is an example of _____.

Select the correct option

- | | |
|-----------------------|-----------------------|
| <input type="radio"/> | Exposure Therapy |
| <input type="radio"/> | Token Economy |
| <input type="radio"/> | Behavior Shaping |
| <input type="radio"/> | Aversive Conditioning |

Click on the correct answer to mark it as correct





MC210203474: IRSA PERVEZ

Time Left 90 sec(s)

PSY405:Quiz 04

Quiz Start Time: 05:50 PM, 24 August 2021

Question # 8 of 10 (Start time: 06:04:28 PM, 24 August 2021)

Total Marks: 1

Albert Ellis proposed ABC model of rational emotive behavior therapy where B is representative of what?

Select the correct option

- | | |
|-----------------------|-------------------|
| <input type="radio"/> | Behavioral system |
| <input type="radio"/> | Bargaining system |
| <input type="radio"/> | Brokering system |
| <input type="radio"/> | Belief system |

Click on the correct answer to mark it as correct





MC210203474: IRSA PERVEZ

Time Left 90 sec(s)

PSY405:Quiz 04

Quiz Start Time: 05:50 PM, 24 August 2021

Question # 7 of 10 (Start time: 06:03:50 PM, 24 August 2021)

Total Marks: 1

According to Dollard and Miller, learned drives are acquired on the basis of what?

Select the correct option

- | | |
|-----------------------|----------------------|
| <input type="radio"/> | Prenatal environment |
| <input type="radio"/> | Primary drives |
| <input type="radio"/> | External environment |
| <input type="radio"/> | Tertiary drives |

Click on the correct (1) option to mark the question





MC210203474: IRSA PERVEZ

Time Left 90 sec(s)

PSY405:Quiz 04

Quiz Start Time: 05:50 PM, 24 August 2021

Question # 8 of 10 (Start time: 06:03:13 PM, 24 August 2021)

Total Marks: 1

The overt responses that result in reinforcement are the ones that are: [Download More Quizzes Files From VUAnswer.com](#)

Select the correct option

- Simultaneous
- Abrupt
- Unlearned
- Learned

Submit Answer (1 Mark)





Who among the following was of the view that irrational beliefs are basis of all of our maladjustments?

Select the correct option

- Albert Ellis
- Abraham Maslow
- Albert Bandura
- George Kelly

Click on the correct answer to mark it as correct





MC210203474: IRSA PERVEZ

Time Left 90 sec(s)

PSY405:Quiz 04

Quiz Start Time: 05:50 PM, 24 August 2021

Question # 4 of 10 (Start time: 06:01:18 PM, 24 August 2021)

Total Marks: 1

According to Thorndike, when behaviors are rewarded they get reinforced. This is known as the law of:

Select the correct option

- | | |
|-----------------------|----------------|
| <input type="radio"/> | Attraction |
| <input type="radio"/> | Thermodynamics |
| <input type="radio"/> | Effect |
| <input type="radio"/> | Cause |

Click on the correct answer to mark it as correct





Which of the following is a technique used with drug addicts?

Select the correct option

- | | |
|-----------------------|---------------------------|
| <input type="radio"/> | Stepping out of character |
| <input type="radio"/> | Modeling |
| <input type="radio"/> | Free association |
| <input type="radio"/> | Aversive conditioning |

Click on the correct answer to mark it as correct





MC210203474: IRSA PERVEZ

Time Left 86 sec(s)

PSY405:Quiz 04

Quiz Start Time: 05:50 PM, 24 August 2021

Question # 2 of 10 (Start time: 05:59:45 PM, 24 August 2021)

Total Marks: 1

Which of the following domains deals centrally with the ways in which individuals differ from one another?

Select the correct option

| | |
|-----------------------|---------------|
| <input type="radio"/> | Dispositional |
| <input type="radio"/> | Intra-psyhic |
| <input type="radio"/> | Biological |
| <input type="radio"/> | Cognitive |

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Who gave the concept of extinction of a behavior?

Select the correct option

- B.F Skinner
- Ivan Pavlov
- John Watson
- Albert Bandura

Click on the correct answer to mark it as correct



Question # 10 of 10 (Start time: 05:19:56 PM, 24 August 2021)

Which of the following focuses on the idea that all behavior is learned?

Select the correct option

| | |
|-----------------------|----------------------------------|
| <input type="radio"/> | Psychoanalysis school of thought |
| <input type="radio"/> | Humanistic school of thought |
| <input type="radio"/> | Behavioral school of thought |
| <input type="radio"/> | Gestalt school of thought |



Question # 9 of 10 (Start time: 05:18:50 PM, 24 August 2021)

The tendency to approach a goal becomes stronger when the individual is nearer to the goal. This is referred to as what?

Select the correct option

- The gradient of approach
- The gradient of need
- The gradient of motivation
- The gradient of success

Click to Save Ans



Question # 8 of 10 (Start time: 05:17:15 PM, 24 August 2021)

Albert Ellis proposed ABC model of rational emotive behavior therapy where B is representative of what?

Select the correct option

- Brokering system
- Belief system
- Behavioral system
- Bargaining system





WhatsApp 5:15 PM

Message from Vu Misbah @ Quiz group PSY

Question # 8 of 10 (Start time: 03:17:13 PM, 24 August 2021)

Albert Ellis proposed ABC model of rational emotive behavior therapy where B is representative of what?

Select the correct option

| | |
|-----------------------|-------------------|
| <input type="radio"/> | Brokering system |
| <input type="radio"/> | Belief system |
| <input type="radio"/> | Behavioral system |
| <input type="radio"/> | Bargaining system |



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11



Question # 7 of 10 (Start time: 05:15:28 PM, 24 August 2021)

Unreasonable views or convictions that produce emotional and behavioral problems are known as what?

Select the correct option

- A-B-C in brief
- Rationality
- Irrational belief
- Masturbation



Question # 6 of 10 (Start time: 05:14:10 PM, 24 August 2021)

Which of the following is a technique mostly used in treatment of phobias and anxiety; it is based on classical conditioning?

Select the correct option

- Rational analysis
- Empty chair
- Systematic desensitization
- Aversive theory

Click to Save



WhatsApp 5:12 PM

Message from Vu Misbah @ Quiz group PSY

Question # 6 of 10 | Start time: 02:14:10 PM, 24 August 2021

Which of the following is a technique mostly used in treatment of phobias and anxiety; it is based on classical conditioning?

Select the correct option

| | |
|-----------------------|----------------------------|
| <input type="radio"/> | Rational analysis |
| <input type="radio"/> | Empty chair |
| <input type="radio"/> | Systematic desensitization |
| <input type="radio"/> | Aversive theory |

Click to Save



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11



PSY405:Quiz 04

Question # 5 of 10 (**Start time: 05:12:56 PM, 24 August 2021**)

Who suggested that Psychology should be studied objectively?

Select the correct option

| | |
|-----------------------|------------------|
| <input type="radio"/> | Edward Thorndike |
| <input type="radio"/> | Ivan Pavlov |
| <input type="radio"/> | John Watson |
| <input type="radio"/> | B. F Skinner |

Question # 4 of 10 (Start time: 05:12:12 PM, 24 August 2021)

In classical conditioning, S-R stands for:

Select the correct option

| | |
|-----------------------|----------------------|
| <input type="radio"/> | Shallow-Response |
| <input type="radio"/> | Surface -Response |
| <input type="radio"/> | Stimulus-Response |
| <input type="radio"/> | Stimulus-Reciprocity |



PSY405:Quiz 04

Question # 3 of 10 (**Start time: 05:12:00 PM, 24 August 2021**)

Who formulated the Law of Effect?

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VUAnswer.com

Select the correct option

- | | |
|-----------------------|------------------|
| <input type="radio"/> | Albert Bandura |
| <input type="radio"/> | Ivan Pavlov |
| <input type="radio"/> | Edward Thorndike |
| <input type="radio"/> | B. F Skinner |



PSY405:Quiz 04

Question # 2 of 10 (**Start time: 05:11:11 PM, 24 August 2021**)

In classical conditioning, UCR stands for:

Select the correct option

- | | |
|-----------------------|---------------------------|
| <input type="radio"/> | Unreliable response |
| <input type="radio"/> | Useful response |
| <input type="radio"/> | Unconditioned response |
| <input type="radio"/> | Unconditioned reciprocity |



PSY405:Quiz 04

Question # 1 of 10 (Start time: 05:09:18 PM, 24 August 2021)

Who gave the stimulus-response theory?

Select the correct option

| | |
|-----------------------|--------------------|
| <input type="radio"/> | Albert Bandura |
| <input type="radio"/> | Dollard and Miller |
| <input type="radio"/> | Ivan Pavlov |
| <input type="radio"/> | B. F Skinner |



MC210202923: RABIA KOUSAR

Time Left 81 sec(s)

PSY405 Quiz 04

Quiz Start Time: 04:56 PM, 24 August 2021

Question # 8 of 10 (Start time: 05:03:05 PM, 24 August 2021)

Total Marks: 1

The physiology of brain or peripheral nervous system leads to what; in personalities of individuals?

Select the correct option

- | | |
|-----------------------|--------------|
| <input type="radio"/> | Resemblance |
| <input type="radio"/> | Differences |
| <input type="radio"/> | Similitude |
| <input type="radio"/> | Similarities |

Click on the correct answer & Move to Next Question





MC210202923: RABIA KOUSAR

Time Left 80 sec(s)

PSY405 Quiz 04

Quiz Start Time: 04:56 PM, 24 August 2021

Question # 10 of 10 (Start time: 05:05:17 PM, 24 August 2021)

Total Marks: 1

Which of the following is an effective therapy, that focuses on changing individual's irrational and dogmatic cognitions?

Select the correct option

- | | |
|----------------------------------|-----------------------------------|
| <input type="radio"/> | Psychodrama |
| <input checked="" type="radio"/> | Rational Emotive behavior Therapy |
| <input type="radio"/> | Behavioral Therapy |
| <input type="radio"/> | Psychoanalysis |

Click to Save Answer & Move to Next Question





Who suggested that Psychology should be studied objectively?

Select the correct option

- Edward Thorndike
- Ivan Pavlov
- John Watson
- B. F Skinner

Click on the correct answer & Move to Next Question





MC210202923: RABIA KOUSAR

Time Left 83 sec(s)

PSY405 Quiz 04

Quiz Start Time: 04:56 PM, 24 August 2021

Question # 6 of 10 (Start time: 05:00:21 PM, 24 August 2021)

Total Marks: 1

Which of the following approach focuses on cognition and subjective experiences of one's self and others?

Select the correct option

- | | |
|-----------------------|-------------------|
| <input type="radio"/> | The Biological |
| <input type="radio"/> | The Intra-psychic |
| <input type="radio"/> | The Experiential |
| <input type="radio"/> | The Adjustment |

Go to the Question Pool & Mark as Next Question





Which of the following is the most important cue producing response?

Select the correct option

- Secondary Drives
- Innate Equipment
- Primary Drives
- Abeling

Click to Save Answer & Move to Next Question





In classical conditioning, CS stands for:

Select the correct option

- Central stimulus
- Core stimulus
- Conditioned surface
- Conditioned stimulus

Click to Save Answer & Move to Next Question





MC210202923: RABIA KOUSAR

Time Left 82 sec(s)

PSY405 Quiz 04

Quiz Start Time: 04:56 PM, 24 August 2021

Question # 4 of 10 (Start time: 04:58:25 PM, 24 August 2021)

Total Marks: 1

Who among the following was of the view that irrational beliefs are basis of all of our maladjustments?

Select the correct option

 Abraham Maslow Albert Ellis George Kelly Albert Bandura

Click to Save Answer & Move to Next Question





MC210202923: RABIA KOUSAR

Time Left 83 sec(s)

PSY405 Quiz 04

Quiz Start Time: 04:56 PM, 24 August 2021

Question # 3 of 10 (Start time: 04:57:47 PM, 24 August 2021)

Total Marks: 1

Which of the following system, humans have first and foremost collections of?

Select the correct option

- | | |
|----------------------------------|------------------------|
| <input type="radio"/> | Intra-psychic |
| <input type="radio"/> | Social and cultural |
| <input checked="" type="radio"/> | Biological |
| <input type="radio"/> | Cognitive/Experiential |

Click to Save Answer & Move to Next Question





Which of the following psychologist used bobo dolls in his experiment with children?

Select the correct option

- | | |
|----------------------------------|----------------|
| <input checked="" type="radio"/> | Albert Bandura |
| <input type="radio"/> | Ivan Pavlov |
| <input type="radio"/> | John Watson |
| <input type="radio"/> | B. F Skinner |

Click to Save Answer & Move to Next Question





Humans are first and foremost collections of which of the followings which provide the building blocks for behavior, thought and emotions?

Select the correct option

- | | |
|-----------------------|---------------------------|
| <input type="radio"/> | Bio-psycho-social systems |
| <input type="radio"/> | Psychological systems |
| <input type="radio"/> | Bio-psychological systems |
| <input type="radio"/> | Biological systems |

[Click to Save / answer / Move to Next Question](#)





Which of the following approach uses reinforcement to change behavior?

Select the correct option

Operant conditioning

Aversive conditioning

Systematic desensitization

Psychoanalysis

Go to Question / Go to Previous Question / Next Question





In which of the following we observe the behavior of others and use the information as a guide for our own behavior?

Select the correct option

- | | |
|-----------------------|---------------|
| <input type="radio"/> | Punishment |
| <input type="radio"/> | Reinforcement |
| <input type="radio"/> | Extinction |
| <input type="radio"/> | Modeling |

Click to Show / Hide / Mark / Flag / Report Question





Which therapy is proposed by Albert Ellis?

Select the correct option



Humanistic Therapy



Existential Therapy



Cognitive Behavior Therapy



Rational Emotive Behavior Therapy

Go to Question / Go to Previous Question / Next Question





Which of the following system, humans have first and foremost collections of?

Select the correct option



Social and cultural



Biological



Intra-psychic



Cognitive/Experiential

Click to Show / Hide / Mark / Flag / Report Question





John Watson suggested that Psychology should be studied:

Select the correct option

- | | |
|-----------------------|--------------|
| <input type="radio"/> | Subjectively |
| <input type="radio"/> | Naturally |
| <input type="radio"/> | Emotionally |
| <input type="radio"/> | Objectively |

Click to Save / Save / Mark / Flag / Next Question





According to Thorndike, when behaviors are rewarded they get reinforced. This is known as the law of:

Select the correct option

- | | |
|-----------------------|----------------|
| <input type="radio"/> | Cause |
| <input type="radio"/> | Attraction |
| <input type="radio"/> | Thermodynamics |
| <input type="radio"/> | Effect |

Click to Show / Hide / Mark / Flag / Report Question





The tendency to approach a goal becomes stronger when the individual is nearer to the goal. This is referred to as the gradient of of:

Select the correct option

- | | |
|-----------------------|------------|
| <input type="radio"/> | Success |
| <input type="radio"/> | Need |
| <input type="radio"/> | Motivation |
| <input type="radio"/> | Approach |

Click to Show / Hide / Mark / Flag / Report Question





Which of the following is an effective therapy, that focuses on changing individual's irrational and dogmatic cognitions?

Select the correct option

- | | |
|-----------------------|-----------------------------------|
| <input type="radio"/> | Psychoanalysis |
| <input type="radio"/> | Rational Emotive behavior Therapy |
| <input type="radio"/> | Behavioral Therapy |
| <input type="radio"/> | Psychodrama |

Click to Save / Answer / Move to Next Question





According to Bandura in which of the following, persons and situations are regarded as independent entities that combine to generate behavior?

Select the correct option

- | | |
|-----------------------|----------------------------|
| <input type="radio"/> | Reciprocal determinism |
| <input type="radio"/> | Social interaction |
| <input type="radio"/> | Unidirectional interaction |
| <input type="radio"/> | Bidirectional interaction |

[Click to Save Answer / Move to Next Question](#)





The overt responses that result in reinforcement are the ones that are:

Select the correct option:

- Simultaneous
- Learned
- Abrupt
- Unlearned

Go to Previous Question / Next Question





Dispositional domain tries to explore all of the followings EXCEPT:

Select the correct option

- How individuals differ in their in physiological characteristics
- How individuals differ in their self concepts
- How individuals differ in their emotions
- How individuals are similar in their recreational activities

Click on the Answer to know the correct answer





Which of the following domain deals centrally with the ways in which individuals differ from one another?

Select the correct option:

- Cognitive
- Adjustment
- Biological
- Dispositional

Go to Previous Question / Next Question





Which of the following theory shows the closest link to the natural sciences?

Select the correct option

- Psychodynamic Theory
- Social Learning Theory
- Individual Psychology Theory
- Stimulus-Response Theory

Click on the Answer to Reveal the Correct Answer





Which of the following model invented by Albert Ellis?

Select the correct option

- Co-variation
- A-B-C
- Co-efficient
- A-P-A

Click on the Answer to Reveal the Correct Answer





MC210202736; SAMRA IRSHAD

Time Left 90 sec(s)

PSY405:Quiz 04

Quiz Start Time: 04:23 PM, 24 August 2021

Question # 7 of 10 (Start time: 04:27:55 PM, 24 August 2021)

Total Marks: 1

Albert Ellis, who developed Rational Emotive Therapy, believed in:

Select the correct option

- Empathetic display
- Reasonable discussion
- Genetic predisposition
- Emotional expression

Go to Previous Question / Next Question





For dealing with a particular phobia, Bandura suggested to use the technique of:

Select the correct option:

- Dream Interpretation
- Desensitization
- Word Association
- Gardening

Go to Previous Question / Next Question





Who formulated the Law of Effect?

Select the correct option

- Thorndike
- Kurt Lewin
- Kohler
- Pavlov

Go to Question 4 (Right) / End Quiz





Social learning theory conceptualizes behavior in terms of:

Select the correct option:

- Self-observation
- Retention processes
- Motivational processes
- Reciprocal determinism

Click on the correct answer to get the points





By witnessing a person receiving punishment or reward and consequently thinking about the same response to your own behavior is known as:

Select the correct option:

- Vicarious Reinforcement
- Self Reinforcement
- Positive Reinforcement
- Direct Reinforcement

Go to Question/Answer/Marked/Flag Question





Time Left 00:00

Quiz Start Time: 04:11 PM 24 August 2023

MC171001001: MISBAH SHAHID

Previous Quiz 04

Total Marks 1

Question 8 of 10 (Quiz Time: 04:20:17 PM 24 August 2023)

Bandura explains behavior in terms of cognitive, behavioral which of the following determinants?

Select the correct option

- Cultural
- Environmental
- Social
- Physiological

Submit Answer

4:19 PM

3.3 K/s



quiz.vu.edu.pk/QuizQue:

36



MC21021123: MIRBAH SHAHZADI

PSY406-Quiz 1A

Time Left: 08:00
Quiz Start Time: 04:11 PM, 24 August 2021

Total Marks: 1

Question 4 of 10: Start Time: 04:14:07 PM, 24 August 2021

Which of the following increases the likelihood of occurrence of a behavior?

Select the correct answer

Reinforcement

Punishment

Extinction

Insight

4:18 PM

23.0 K/s



quiz.vu.edu.pk/QuizQue:

36



MC710201533 MISBAH SHAMZADI

Time Left 08

PSY403, Quiz 104

Quiz Grant Time: 04:11 PM, 24 August 2021

Total Marks: 1

Question 7 of 10 | Start time: 04:18:46 PM, 24 August 2021

According to Dollard and Miller, a response and a stimulus in learning are:

Select the correct option

- | | |
|-----------------------|--------------|
| <input type="radio"/> | Disconnected |
| <input type="radio"/> | Connected |
| <input type="radio"/> | Learned |
| <input type="radio"/> | Observed |